



PROGRAMME ERASMUS+

Échange Jeunesse



IN DOUCHAPT , IN FRANCE
www.maisoneuropelandes-wipsee.fr

Infopack

RAISE YOUR POTENTIAL

**FROM 22TH TO 28TH JUNE
2025 (TRAVEL INCLUDED)**





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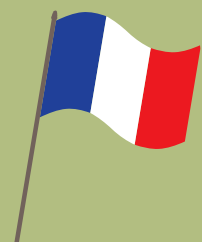


PARTNERS

FRANCE



MDE40
WIPSEE



GERMANY



SPORTJUGEND
HESSEN



ITALY



ASSOCIAZIONE
ITALIANA
CULTURA E SPORT



ARMENIA



ARMAVIR
DEVELOPMENT
CENTER



CZECH REPUBLIC



BABYLONIE



ABOUT THE PROJECT

The Maison de l'Europe des Landes WIPSEE presents the Erasmus+ Youth exchange project 'Raise your potential'.



ORIGINS

Self-esteem and recognition of one's potential play an essential role. It's common to ask questions like 'Am I capable', 'What do I have to offer' or 'Where do I start?'

Learning to identify your strengths, make the most of your skills and recognise your potential is a key step. Whether you're looking to enter the job market, embark on a personal project or simply build a solid identity, developing this self-confidence will help you make the transition from one stage to the next with greater serenity and ambition.

What ?

A youth exchange as part of the Erasmus+ Youth programme.

Where ?

In Douchapt, in France.

When ?

From 22 to 28 June 2025 (including travel days).

Who ?

A group of 7 French people + 2 accompanying adults; 7 Germans; 7 Italians, 7 Armenians and 7 Czechs with their accompanying adults.



Personal objectives

- Identify your skills,
- Reflect on and share your potential,
- Develop your potential,
- Enjoy an incredible personal and collective international experience.

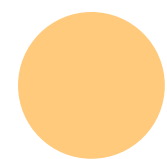
OBJECTIVES

Why this project ?

This project is an opportunity to highlight and realise that everyone has potential and value. It's an opportunity to meet other Europeans and share knowledge and experience so that we can act together!

General objectives

- Enhancing self-esteem and the self-esteem of others,
- Promote intercultural exchanges between young people,
- Strengthen intercultural dialogue,
- Combat stereotypes,
- Promote social diversity.



HOW ?

This project will be based on a collective approach to reflection and exchanges of practice and experience. The group will :

Use creative and sporting approaches to discover themselves

Taking part in activities to better identify your skills

Share skills and experiences together

Meet local players and visit magical places



ACTIVITIES : FROM 23TH TO 27TH 2025

Intercultural activities

Cultural visits

Sport activities

Activities to identify and share skills

Day on developing your potential

Free time

RESULTS

Together, the participants will create an Instagram account with portraits showcasing their potential.

PLACE

BEAUCLAIR VILLAGE, DOUCHAPT

The Beauclair site is set in the middle of a large green area covering 8 hectares, bordered by the banks of the Dronne. Participants will be accommodated in fully-equipped pavilions offering exceptional convenience.

The site offers a peaceful setting in which to discover yourself and others through fun and sporting activities.

<https://otriberac.wixsite.com/gites-beauclair>

